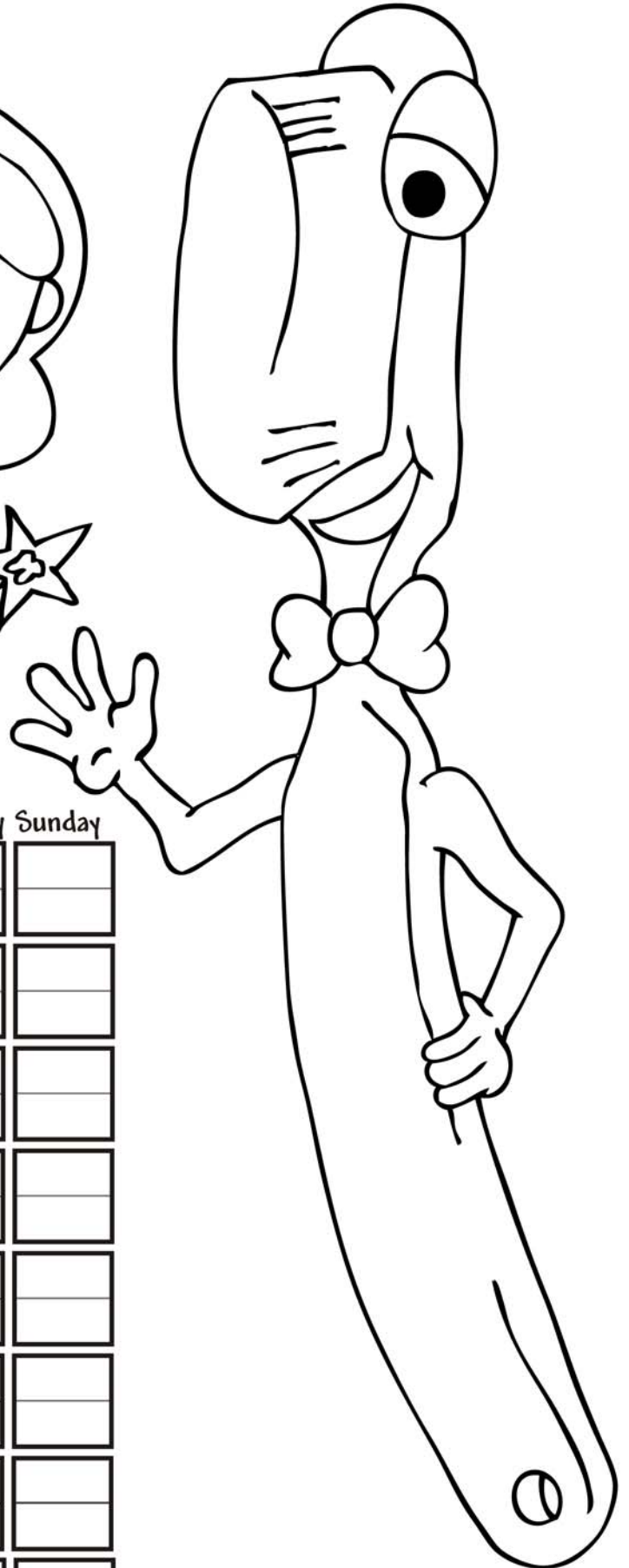


Tooth Brushing Chart

Brush your teeth twice a day, once after breakfast and then just before going to bed.
Make sure a grown up knows what you are up to as they are there to keep you safe.



Monday Tuesday Wednesday Thursday Friday Saturday Sunday
